

December & January Menu

**Months with a "fifth" week will repeat week 1 menu*

WEEKS 1 and 3

WEEKS 2 and 4

	Monday	Tuesday	Wednesday	Thursday	Friday		Monday	Tuesday	Wednesday	Thursday	Friday
Break-fast	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Break-fast	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk
A.M. Snack	Apples	Oatmeal	Banana	Pancakes	Breakfast Bar	A.M. Snack	Apples	Oatmeal	Banana	Pancakes	Breakfast Bar
Lunch (Served w/Milk)	Chicken Marinara Pasta, Peas, Carrots, & Pineapple	Grilled Cheese Sandwich, Homestyle Potatoes, & Grapes	Rice & Lentils, Green Beans, & Oranges	Cheese Pizza & Fruit Jello	Turkey Chili w/ Beans & Rice, & Peaches	Lunch (Served w/Milk)	Chicken Noodle Soup w/ Veggies & Pineapple	Turkey Shepherd's Pie & Grapes	Mexican Rice, Beans, Green Beans, & Oranges	Cheese Pizza & Fruit Jello	Potato, Egg & Cheese, Soft Tacos, Corn & Peaches
2:30 p.m. snack	Cream Cheese & Jelly Sandwich & Milk	Animal Crackers & Milk	Tea Bread & Milk	Waffles & Milk	Tea Biscuit & Milk	2:30 p.m. snack	Cream Cheese & Jelly Sandwich & Milk	Animal Crackers & Milk	Tea Bread & Milk	Waffles & Milk	Tea Biscuit & Milk
5 p.m. snack	Goldfish	Trail Mix	Ritz Crackers	Veggie Straws	Pretzels	5 p.m. snack	Goldfish	Trail Mix	Ritz Crackers	Veggie Straws	Pretzels

NOTE: OUR MONTHLY MENU WILL BE SENT TO YOU VIA EMAIL. YOU WILL ALSO FIND IT ON THE SCHOOL'S BULLETIN BOARD.

AN ALTERNATIVE OPTION FOR VEGETARIANS IS A GRILLED CHEESE SANDWICH OR THE DISH OF THE DAY WITHOUT MEAT. CHILDREN ARE OFFERED WATER TO DRINK THROUGH OUT THE DAY , W/ LUNCH & ALL SNACKS.