

# February & March Menu

\*Months with a "fifth" week will repeat week 1 menu

WEEKS 1 and 3

WEEKS 2 and 4

	Monday	Tuesday	Wednesday	Thursday	Friday		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Break-fast</b>	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	<b>Break-fast</b>	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk
<b>A.M. Snack</b>	Apples	Oatmeal w/ Blueberries	Banana	Pancakes	Breakfast Bar	<b>A.M. Snack</b>	Apples	Oatmeal w/ Blueberries	Banana	Pancakes	Breakfast Bar
<b>Lunch</b> (Served w/Milk)	Spaghetti w/ Meat Sauce, Peas, Carrots, & Pineapple	Grilled Cheese Sandwich, French Fries & Grapes	Rice & Lentils, Green Beans, & Oranges	Cheese Pizza & Fruit Jello	Chicken Noodle Soup & Peaches	<b>Lunch</b> (Served w/Milk)	Chicken Alfredo Pasta, Peas, Carrots, & Pineapple	Egg Cheese Burrito, Corn & Grapes	Mexican Rice, Beans, Green Beans, & Oranges	Cheese Pizza & Fruit Jello	Chicken Noodle Soup & Peaches
<b>2:30 p.m. snack</b>	Cream Cheese & Jelly Sandwich & Milk	Animal Crackers & Milk	Tea Bread & Milk	Tea Biscuit & Milk	Waffles & Milk	<b>2:30 p.m. snack</b>	Cream Cheese & Jelly Sandwich & Milk	Animal Crackers & Milk	Tea Bread & Milk	Tea Biscuit & Milk	Waffles & Milk
<b>5 p.m. snack</b>	Goldfish	Trail Mix	Ritz Crackers	Veggie Straws	Pretzels	<b>5 p.m. snack</b>	Goldfish	Trail Mix	Ritz Crackers	Veggie Straws	Pretzels

NOTE: OUR MONTHLY MENU WILL BE SENT TO YOU VIA EMAIL. YOU WILL ALSO FIND IT ON THE SCHOOL'S BULLETIN BOARD.

AN ALTERNATIVE OPTION FOR VEGETARIANS IS A GRILLED CHEESE SANDWICH OR THE DISH OF THE DAY WITHOUT MEAT. CHILDREN ARE OFFERED WATER TO DRINK THROUGH OUT THE DAY , W/ LUNCH & ALL SNACKS.