

June & July Menu

**Months with a "fifth" week will repeat week 1 menu*

WEEKS 1 and 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Break-fast	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk
A.M. Snack	Apples	Watermelon	Fruit Yogurt	Watermelon	Banana
Lunch (Served w/Milk)	Meat Sauce Spaghetti Peas, Carrots, & Cantaloupe	Rice & Lentils, Green Beans, & Oranges	Turkey Cheese Sandwich, Chips, & Grapes	Cheese Pizza & Fruit Jello	Chicken Cheese Quesadilla, Corn & Peaches
2:30 p.m. snack	Tea Bread & Milk	Cream Cheese & Jelly Sandwich & Milk	Pancakes & Milk	Tea Biscuit & Milk	Crackers & Hummus W/Milk
5 p.m. snack	Goldfish	Animal Crackers	Veggie Straws	Trail Mix	Pretzels

WEEKS 2 and 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Break-fast	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk
A.M. Snack	Apples	Watermelon	Fruit Yogurt	Watermelon	Banana
Lunch (Served w/Milk)	Bow Tie Pasta W/ Chicken, Peas, Carrots, & Cantaloupe	Rice & Beans, Green Beans, & Oranges	Turkey Hot Dog, Chips & Grapes	Cheese Pizza & Fruit Jello	Chicken Cheese Quesadilla, Corn, & Pineapple
2:30 p.m. snack	Crackers & Hummus W/ Milk	Cream Cheese & Jelly Sandwich & Milk	Tea Bread & Milk	Tea Biscuit & Milk	Pancakes & Milk
5 p.m. snack	Goldfish	Animal Crackers	Veggie Straws	Trail Mix	Pretzels

NOTE: OUR MONTHLY MENU WILL BE SENT TO YOU VIA EMAIL. YOU WILL ALSO FIND IT ON THE SCHOOL'S BULLETIN BOARD.

AN ALTERNATIVE OPTION FOR VEGETARIANS IS A GRILLED CHEESE SANDWICH OR THE DISH OF THE DAY WITHOUT MEAT. CHILDREN ARE OFFERED WATER TO DRINK THROUGH OUT THE DAY , W/ LUNCH & ALL SNACKS.