

August & September Menu

**Months with a "fifth" week will repeat week 1 menu*

WEEKS 1 and 3

WEEKS 2 and 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Break-fast	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk
A.M. Snack	Apples	Watermelon	Yogurt w/ Fruit	Banana	Watermelon
Lunch (Served w/Milk)	Marinara Pasta w/ Ground Turkey, Peas, Carrots & Grapes	Turkey Cheese Sandwich, Chips, & Cantaloupe	Rice & Lentils, Green Beans, & Oranges	Cheese Pizza & Jello	Chicken Cheese Wraps, Corn & Pineapple
2:30 p.m. snack	Pound Cake & Milk	Tea Biscuit & Milk	Cream Cheese & Jelly Sandwich & Milk	Ritz Crackers, Hummus & Milk	Pancakes & Milk
5 p.m. snack	Goldfish	Veggie Straws	Animal Crackers	Trail Mix	Pretzels

	Monday	Tuesday	Wednesday	Thursday	Friday
Break-fast	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk
A.M. Snack	Apples	Watermelon	Yogurt w/ Fruit	Banana	Watermelon
Lunch (Served w/Milk)	Pesto Bow Tie Pasta W/ Chicken, Peas, Carrots, & Cantaloupe	Rice & Beans, Green Beans, & Oranges	Turkey Cheese Sandwich, Chips, & Grapes	Cheese Pizza & Jello	Chicken Nuggets, Peas Rice, & Peaches
2:30 p.m. snack	Pound Cake & Milk	Cream Cheese & Jelly Sandwich & Milk	Tea Biscuit & Milk	Ritz Crackers, Hummus & Milk	Pancakes & Milk
5 p.m. snack	Goldfish	Veggie Straws	Animal Crackers	Trail Mix	Pretzels

NOTE: OUR MONTHLY MENU WILL BE SENT TO YOU VIA EMAIL. YOU WILL ALSO FIND IT ON THE SCHOOL'S BULLETIN BOARD & OUR WEBSITE.

AN ALTERNATIVE OPTION FOR VEGETARIANS IS A GRILLED CHEESE SANDWICH OR THE DISH OF THE DAY WITHOUT MEAT. CHILDREN ARE OFFERED WATER TO DRINK THROUGH OUT THE DAY , W/ LUNCH & ALL SNACKS.