

July & August

*Months with a "fifth" week will repeat week 1 menu

WEEKS 1 and 3

WEEKS 2 and 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk
A.M. Snack	Oatmeal w/ Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Yogurt w/ Fresh Fruit
Lunch (Served w/Milk)	Spaghetti w/ Meat Sauce, Peas, Carrots, & Grapes	Rice & Lentils, Cucumbers & Oranges	Hotdog, Chips, & Cantaloupe	Cheese Pizza & Jello	Egg Fried Rice, Peas, Corn, & Peaches
2:30 p.m. snack	Pound Cake & Milk	Cream Cheese Jelly Sandwich & Milk	Ritz Crackers & Hummus & Milk	Tea Biscuits & Milk	Pancakes & Milk
5 p.m. snack	Goldfish	Veggie Straws	Animal Crackers	Pretzels	Trail Mix

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk	Cold Cereal w/milk
A.M. Snack	Oatmeal w/ Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Yogurt w/ Fresh Fruit
Lunch (Served w/Milk)	Bow Tie Pasta w/ Chicken, Peas, Carrots, & Grapes	Mexican Rice, Beans, Cucumbers, & Oranges	Turkey Sandwich, Chips, & Cantaloupe	Cheese Pizza & Jello	Egg Fried Rice, w/ Veggies & Peaches
2:30 p.m. snack	Pound Cake & Milk	Cream Cheese Jelly Sandwich & Milk	Ritz Crackers & Hummus & Milk	Tea Biscuits & Milk	Pancakes & Milk
5 p.m. snack	Goldfish	Veggie Straws	Animal Crackers	Pretzels	Trail Mix

NOTE: OUR MONTHLY MENU WILL BE SENT TO YOU VIA EMAIL. AN ALTERNATIVE OPTION FOR VEGETARIANS IS A GRILLED CHEESE SANDWICH OR DISH OF THE DAY WITH OUT MEAT. THE ONLY MEATS SERVED ARE CHICKEN & TURKEY. CHILDREN ARE OFFERED WATER TO DRINK THROUGH OUT THE DAY, W/LUNCH & ALL SNAKCS.